

# What's a Girl To Do?



**In small groups, discuss several things.** First, is it worth having guy friends? And second, how can we keep it at just friends? Write your answers on post-its and we'll stick them on the big post-it pad. Write one answer per post-it on as many post-its as you need.

**We can benefit from having guys who are just friends in our lives.** They'll provide friendships that will teach us about guys and help us to understand guys without any of the guy-girl pressure. But we'll have to set a few boundaries to keep it at just friends.

**Hang out in groups.** This keeps the pressure off and is often more fun. Avoid too much time hanging out, sharing from the heart. This leads to emotional connections that will take it past just friends.

**Don't be physical.** Don't hold hands, kiss, or wrestle. You can't be just friends and have benefits. It truly doesn't work. Someone will get hurt because their heart will get too attached.

**Watch how you dress.** Guys are created to be turned on visually. It's the way they're made. We can't just say, "That's their problem, I'll dress how I want, let them handle it."

**God calls us to a higher standard.** We're not to do things that make others stumble. Dressing in low-cut, tight, or any kind of revealing clothes may make you feel like you look current and pretty, but guys can't help but think one thing...and it's about what you're revealing. Even if they want to be just friends, this pushes them. Respect them enough to understand this temptation.

**Don't treat them like a girlfriend.** They're not. They're guys. Remember how guys are different. The ways their friendships are different. They're not the ones to confide all your secrets to and share all your feelings with. Treat them like a guy – like a brother.

What are practical things we can do to keep our friendships pure? Write some ideas in your journal.